CONNECTED CAREGIVERS
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Community Engagement and Training Specialist – MCH (Waco)

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MCH FAMILY OUTREACH

- **Family Solutions:** Intensive in-home case management for families
- **GAP:** Less intensive in-home case management for grandparents and other relative caregivers
- **Parent Education:** Community-based classes and support groups
- **Foster Care:** We license foster and adoptive families who are willing to open their homes and hearts to children who are not able to safely remain in their home (In Abilene, Dallas, Houston, & Tyler only)

A Replication of *Family Connections* | Developed by Diane DePanfilis, Ph. D. | University of Maryland School of Social Work | Ruth H. Young Center for Families and Children
AGENDA

• Trauma & Effects on Attachment
• Trust-Based Relational Intervention
• Connection
• Empowering
• Correction
• Questions
THE NEED IN OUR COMMUNITY

In Texas:
- More than 4 children die from abuse or neglect on average every week
- 184 children are confirmed victims daily
- More than 7 children are maltreated every hour

In 2022, 1.6 million children are considered food insecure in Texas.

- kidscount.org

2022: Over 80% of child abuse cases in Texas and in the U.S. are the result of neglect.

- Annie E. Casey Foundation

656,000 U.S. children were determined to be victims of maltreatment in 2019.

- Administration for Children & Families

In 2021, 63% of CPS placements were outside of the child’s county of residence.

- DFPS

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- DFPS
THE ATTACHMENT CYCLE

Foundation for:

- Trust
- Self-worth
- Self-efficacy (voice)
- Self-regulation
- Mental health

(Karyn Purvis Institute of Child Development at TCU, 2021)
Needs NOT Met  
= No Voice

Use Behaviors to Get Needs Met

Survival Strategies vs. Willful Disobedience

Control  
Manipulation  
Triangulation  
Aggression  
Violence
RISK FACTORS

1. Difficult Pregnancy
2. Difficult Birth
3. Early Hospitalization
4. Abuse
5. Neglect
6. Trauma
7. System Effects
FIVE B’S OF STRESS & TRAUMA

1. Behavior
2. Brain
3. Body
4. Biology
5. Belief

(Karyn Purvis Institute of Child Development at TCU, 2021)
DIFFERENT BELIEFS

\[
\text{ABUSE} = \text{YOU ARE BAD}
\]

\[
\text{I AM BAD, Nobody Likes Me. I don’t matter, I’m unlovable, I don’t deserve to be loved…}
\]

\[
\text{NEGLECT} = \text{YOU DON’T MATTER}
\]

\[
\text{YOU DON’T EXIST}
\]

(Purvis & Cross, 2011)
THREE PILLARS OF TRAUMA-INFORMED CARE

CONNECTION
FELT-SAFETY
EMOTION REGULATION
TBRI PRINCIPLES

CORRECTING
Proactive & Responsive Strategies

EMPOWERING
Physiological & Ecological Strategies

CONNECTING
Mindfulness & Engagement Strategies

(Karyn Purvis Institute of Child Development at TCU, 2021)
ABC’S OF MINDFULNESS

A- AWARENESS
▪ What's going on in your mind and body?

B- BEING
▪ Avoid auto-pilot reactions.

C- SEEING
▪ By creating a gap between the experience and our reaction, we can make wiser choices.

Juliet Adams, Founder of Mindfulnet.org & Director, A Head for Work
EYE CONTACT

TOUCH

CHARACTER PRAISE

MATCHING BEHAVIOR

PLAYFUL INTERACTION

VOICE QUALITY

Karyn Purvis Institute of Child Development at TCU, 2021
HOW DO THE CONNECTING PRINCIPLES HELP YOU?
TBRI PRINCIPLES

CORRECTING
Proactive & Responsive Strategies

EMPOWERING
Physiological & Ecological Strategies

CONNECTING
Mindfulness & Engagement Strategies

(Karyn Purvis Institute of Child Development at TCU, 2021)
UNDERSTANDING SENSORY FUNCTIONS

- ALERT body and brain
- PROTECT body and brain
- SELECT important things
- ORGANIZE brain and behavior

(Purvis, Cross, Dansereau, & Parris 2013)
HOW DO CHILDREN SHOW THEY ARE OVER STIMULATED?
SENSORY EXPERIENCES

External Senses
1. Sight
2. Sound
3. Smell
4. Taste
5. Touch

Internal Senses
1. Tactile
2. Vestibular
3. Proprioceptive

(Karyn Purvis Institute of Child Development at TCU, 2021)
PHYSIOLOGICAL STRATEGIES

- Hydration
- Food every two hours
- Protein snack at night
- Sensory activity every two hours

(Karyn Purvis Institute of Child Development at TCU, 2021)
ECOLOGICAL STRATEGIES

- Safe environment
- Transitions
- Routines
- Rituals
- Artifacts

(Karyn Purvis Institute of Child Development at TCU, 2021)
HOW DO THE EMPOWERING PRINCIPLES HELP YOU?
TBRI PRINCIPLES

CORRECTING
Proactive & Responsive Strategies

EMPOWERING
Physiological & Ecological Strategies

CONNECTING
Mindfulness & Engagement Strategies

(Karyn Purvis Institute of Child Development at TCU, 2021)
DIFFERENT APPROACHES

Traumatized children are not likely to respond positively to more stringent rules & punishment.

(Henry, Sloane, & Black-Pond)
PROACTIVE STRATEGIES

1. Life Value Terms (Nurture Group)
2. Behavioral Scripts (Choices/Compromises/Redos)
3. Sharing Power
THE IDEAL RESPONSE

IMMEDIATE
DIRECT
EFFICIENT
ACTION-BASED
LEVELS OF BEHAVIOR

LEVELS OF RESPONSE ARE DRAWN FROM E. FOR EFFICIENT
THE IDEAL RESPONSE

Immediate
Direct
Efficient
Action-Based
Leveled at the behavior, not the child

(Karyn Purvis Institute of Child Development at TCU, 2021)
LEVELS OF RESPONSE

1. Playful Engagement
   “Are you asking or telling?”

2. Structured Engagement
   Choices, Compromise, Behavioral Re-do’s

3. Calming Engagement
   Magic mustaches, chair pull ups, deep breath

4. Protective Engagement
   Safety procedures

(Karyn Purvis Institute of Child Development at TCU, 2021)
HOW DO THE CORRECTING PRINCIPLES HELP YOU?
APPLICATION AND NEXT STEPS
FROM AN AD LITEM:

Understanding the importance of healthy attachments
Contextualizes behaviors that seem bizarre and confusing
Highlights the markers of important attachment relationships
Helps in balancing risk/safety/attachment
Assists in accurately evaluating living situations
Adds tools to the toolbox for working with children from hard places

(Karyn Purvis Institute of Child Development at TCU, 2021)
FROM A FOSTER PARENT & PROFESSIONAL:

- MCH & the Court in Waco, TX
- A foster parent's point of view
- Case management can help
  - Bio Families
  - Foster Families
  - Reunification

(Karyn Purvis Institute of Child Development at TCU, 2021)
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THANK YOU!
ADDITIONAL RESOURCES

The Connected Child by Karyn B. Purvis, David R. Cross, and Wendy Lyons Sunshine

The Connected Parent by Karyn Purvis and Lisa Qualls

The Whole Brain Child & Brainstorm by Daniel Siegel, and Tina Payne Bryson

The Out-of-Sync Child by Carol Stock Kranowitz

The Body Keeps the Score by Besser van der Kolk

Circle of Security®: Created by Cooper, Hoffman, & Powell
  - Book: Raising a Secure Child Hoffam, Cooper, Power, Powell, & Benton

Trust-Based Relational Intervention©: Created by Purvis & Cross
ONE MISSION

Offering hope to children, youth, and families.
REFERENCES


http://www.cdc.gov/violenceprevention/acestudy/about_ace.html


http://datacenter.kidscount.org/publications.


