

In the name and
by the authority of

The
Commissioners
Court of
Bexar County



PROCLAMATION

WHEREAS, nearly one in five U.S. adults live with a diagnosable mental health disorder (51.5 million in 2019)*, with 5.2% experiencing serious mental illness. An estimated 20% of the Bexar County population+ suffer from mental illness, with 2% experiencing serious mental illness; and

WHEREAS, the World Health Organization observes World Mental Health Day every year on October 10th. This year's theme is MENTAL HEALTH IN AN UNEQUAL WORLD; and

WHEREAS, more than 700,000 people die due to suicide every year, which is one person every 40 seconds. Suicide is a global phenomenon and occurs throughout the lifespan. There are indications that for each adult who died by suicide there may have been more than 20 others attempting suicide*; and


WHEREAS, in the United States, one person dies from suicide every 11 minutes+.

NOW THEREFORE, BE IT RESOLVED that Bexar County Commissioners Court hereby recognizes and proclaims October 10, 2021, as

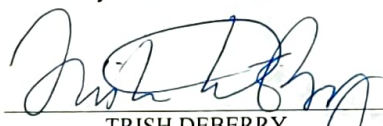
"WORLD MENTAL HEALTH DAY"

throughout Bexar County. World Mental Health Day will be observed with two special activities. A mental health video will be created that focuses on debunking myths about mental health with participation from various behavioral health community partners. The video link will be shared on Friday, October 8, 2021. The link will also be on the Department of Behavioral Health Website, Bexar County social media, and distributed widely through community partners. The second activity will be distributing 500 self-care bags with personal protective equipment and behavioral health resource information to 5 community providers who serve our community members most in need.

WITNESS OUR SIGNATURES and **SEAL OF OFFICE** this 10th day of October 2021.



NELSON W. WOLFF
County Judge


REBECA CLAY-FLORES
County Commissioner, Precinct 1


TRISH DEBERRY
County Commissioner, Precinct 3




JUSTIN RODRIGUEZ
County Commissioner, Precinct 2


TOMMY CALVERT
County Commissioner, Precinct 4