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Disclaimer

The Bexar County Behavioral Health Resource Directory provides a list of behavioral health resources and services that may be helpful to the public. Bexar County strives to ensure this information is accurate at the time of publication. However, Bexar County makes no representations, guaranties, or warranties as to the accuracy, completeness, reliability, or suitability of the information or services contained herein. Bexar County shall under no circumstance be responsible for any errors or omissions which may occur in this Directory, be liable for any actions taken or damages as a result of reliance upon any information contained in this Directory, or be liable for the actions of any entity listed in the Directory. Under no circumstance should the inclusion of an entity in the Directory be construed as an endorsement or recommendation of the entity by Bexar County.

Service Options

To help assist in finding services that meet your needs, agencies were asked to indicate specific service options they have available. The followings are the service options available:

- **Telehealth**: Certain services are available over the phone.
- **Sliding Scale**: Service payments can be adjusted based on your income.
- **Unfunded/No Cost**: Certain services may be eligible for the indicated service or payment method.

All facts are linked to original source material on electronic directory version.
DEPARTMENT OF BEHAVIORAL HEALTH

Mission

Our mission is to organize and advocate for the behavioral health needs of the community by distributing resources, connecting local agencies, facilitating behavioral health programs, and providing funding recommendations to Commissioners Court, in order to continuously improve the availability and quality of services in Bexar County.

Contact Us

Help us improve the Bexar County behavioral health system. Visit the Department of Behavioral Health website or scan the QR code.

- Subscribe for local behavioral health updates
- Submit questions and comments
- Submit your agency to the directory

Contact Us
www.bexar.org/DBH

Our Team

Gilbert R. Gonzales
Director

Leticia Dominguez, LCSW
Manager

Melissa D. Lucio, LCDC
Substance Use Program Coordinator

Victoria Gomez
School-Based Mental Wellness Program Manager

Stacey Eure
Senior Program Analyst
## HOTLINES & HELPLINES

**NATL. DOMESTIC VIOLENCE HOTLINE**

19,168 calls were from Texas in 2019. The state ranked 2nd in terms of contact volume.

**988 LIFELINE**

162,848 calls were from Texas in 2022.

---

### EMERGENCY

<table>
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<tr>
<th>Service</th>
<th>Number</th>
</tr>
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<tbody>
<tr>
<td>Police/Fire/EMS</td>
<td>911</td>
</tr>
</tbody>
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### ABUSE & ASSAULT

<table>
<thead>
<tr>
<th>Service</th>
<th>Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Family Violence Prevention Services</td>
<td>210-733-8810</td>
</tr>
<tr>
<td>Love is Respect</td>
<td>1-866-331-9474</td>
</tr>
<tr>
<td>National Child Abuse Hotline</td>
<td>1-800-422-4453</td>
</tr>
<tr>
<td>National Domestic Violence Hotline</td>
<td>1-800-799-7233</td>
</tr>
<tr>
<td>Rape, Abuse, and Incest National Network</td>
<td>1-800-656-4673</td>
</tr>
<tr>
<td>Rape Crisis Line</td>
<td>210-349-7273</td>
</tr>
<tr>
<td>Texas Abuse Helpline</td>
<td>1-800-252-5400</td>
</tr>
</tbody>
</table>

### ADDICTION SERVICES

<table>
<thead>
<tr>
<th>Service</th>
<th>Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alcoholics Anonymous</td>
<td>210-828-6235</td>
</tr>
<tr>
<td>210-409-8524 (Spanish)</td>
<td></td>
</tr>
<tr>
<td>Narcotics Anonymous</td>
<td>1-800-221-9091</td>
</tr>
<tr>
<td>Rise Recovery</td>
<td>210-729-2273</td>
</tr>
<tr>
<td>SAMHSA National Helpline</td>
<td>1-800-662-4357</td>
</tr>
<tr>
<td>Substance Abuse and Mental Health Services Admin.</td>
<td></td>
</tr>
<tr>
<td>210-SAY-CARE</td>
<td>210-729-2273</td>
</tr>
<tr>
<td>Substance use recovery helpline for support, questions, and referrals</td>
<td></td>
</tr>
</tbody>
</table>

### CRISIS & SUICIDE PREVENTION

<table>
<thead>
<tr>
<th>Service</th>
<th>Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>988 Suicide and Crisis Lifeline</td>
<td>988</td>
</tr>
<tr>
<td>CHCS Crisis Line</td>
<td>1-800-316-9241</td>
</tr>
<tr>
<td>24-hour access to mental health crisis</td>
<td></td>
</tr>
<tr>
<td>Safe Alternatives</td>
<td>1-800-366-8288</td>
</tr>
<tr>
<td>Self harm alternatives and support</td>
<td></td>
</tr>
<tr>
<td>Veterans Crisis Line</td>
<td>988 (press 1)</td>
</tr>
<tr>
<td>COPLINE</td>
<td>1-800-267-5463</td>
</tr>
<tr>
<td>24-hour support to law enforcement officers in crisis</td>
<td></td>
</tr>
<tr>
<td>Heroes Helpline:</td>
<td>833-367-4689</td>
</tr>
<tr>
<td>First Responders &amp; Healthcare Workers</td>
<td></td>
</tr>
<tr>
<td>Peer support, treatment navigation, and referral services</td>
<td></td>
</tr>
<tr>
<td>Mobile Crisis Outreach Team (MCOT)</td>
<td>210-223-7233</td>
</tr>
<tr>
<td>CHCS licensed professionals goes to scene of crisis</td>
<td></td>
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</tbody>
</table>
### YOUTH

<table>
<thead>
<tr>
<th>Service</th>
<th>Phone Number</th>
</tr>
</thead>
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<tr>
<td>Foster Youth Justice Project</td>
<td>1-877-313-3688</td>
</tr>
<tr>
<td>Legal Assistance</td>
<td></td>
</tr>
<tr>
<td>National Runaway Safeline</td>
<td>1-800-786-2929</td>
</tr>
<tr>
<td>Texas Youth Helpline</td>
<td>1-800-989-6884</td>
</tr>
<tr>
<td>Trevor Lifeline</td>
<td>1-866-488-7386</td>
</tr>
<tr>
<td>LGBTQ Youth Helpline</td>
<td></td>
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</table>

### HOMELESS

<table>
<thead>
<tr>
<th>Service</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Homeless Connection Hotline</td>
<td>210-207-1799</td>
</tr>
<tr>
<td>Haven for Hope</td>
<td>210-220-2357</td>
</tr>
<tr>
<td>National Homeless Veterans Hotline</td>
<td>1-877-424-3838</td>
</tr>
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</table>

### MISCELLANEOUS

<table>
<thead>
<tr>
<th>Service</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alamo Service Connection</td>
<td>210-477-3275</td>
</tr>
<tr>
<td>Senior Citizens &amp; those with disabilities</td>
<td></td>
</tr>
<tr>
<td>American Red Cross</td>
<td>210-224-5151</td>
</tr>
<tr>
<td>Disaster Distress Helpline</td>
<td>1-800-985-5990</td>
</tr>
<tr>
<td>National Eating Disorder Association</td>
<td>1-800-931-2237</td>
</tr>
<tr>
<td>National Human Trafficking Resource Center</td>
<td>1-888-373-7888</td>
</tr>
<tr>
<td>San Antonio Food Bank</td>
<td>210-431-8326</td>
</tr>
<tr>
<td>United Way Hotline</td>
<td>211</td>
</tr>
</tbody>
</table>

TREVOR PROJECT

47% of LGBTQ youth in Texas seriously considered suicide in 2022. Including 56% of transgender and nonbinary youth.
Local Mental Health Authorities are the point of entry for mental health services. They can also be responsible for the planning, coordination, and oversight of mental health services and resources.

The Center for Health Care Services provides integrated care to improve the lives of children and adults with mental health conditions, substance use challenges, and intellectual or developmental disabilities. The Center for Health Care Services offers a sliding fee scale and accepts all patients regardless of inability to pay.

**Adult Behavioral Health Services**

Comprehensive mental health services to support each person’s goals for recovery, including: psychiatric evaluation and treatment, medication management, wellness counseling and education, individual and group therapy, psychiatric care, psychosocial rehabilitation, and case management offered at a variety of locations.

- Outpatient Mental Health Services
- Intensive Mental Health Services
- Long-Term Care Services

**Children’s Behavioral Health Services**

Being mentally healthy in childhood means reaching developmental and emotional milestones, learning healthy social skills, and how to cope when problems arise. When there is a concern that a child might not be meeting these milestones, The Center offers an array of services that can help.

- Outpatient Mental Health Services (ages 3-17)
- Juvenile Justice Programs (ages 10-17)
- Intensive Mental Health Services

**Substance Use Services**

The CHCS Restoration Center and transformational services help people break the cycle of addiction and regain sobriety through safe, meaningful programs that reduce harms associated with substance use, promote total recovery for people with co-occurring mental health and substance use disorders, and provide better care coordination.

- Outpatient Treatment
- Residential Treatment
Intellectual and Developmental Disability Services (IDD)

People living with IDD deserve to live life to its fullest, and may require long-term services and supports indefinitely. By promoting dignity and choice for adults with IDD, the CHCS Long-Term Care Services help improve the quality of life for consumers and their loved ones through programs designed for inclusivity, accessibility, and independence.

- Residential Services
- Day Habilitation
- Employment Connections

Other Help Specialties

<table>
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<th>Primary Care</th>
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<td>Peer Services</td>
<td>Supported Employment</td>
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<tr>
<td>Homelessness</td>
<td>Court-ordered Treatment</td>
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<tr>
<td>Veteran Services</td>
<td>High Utilizers of ERs &amp; Inpatient Treatment</td>
</tr>
<tr>
<td>Law Enforcement</td>
<td>Outreach, Linkage, and Support</td>
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MENTAL HEALTH

Local mental health services offer a wide range of options including general services such as therapy, counseling, case management, medication management, diagnostic services, peer support, as well as crisis and psychiatric inpatient services.

GENERAL SERVICES
Treatment options to help assess, stabilize, and regulate general mental health issues.

ALAMO AREA RAPE CRISIS CENTER ✓ ⬤
www.rapecrisis.com
210-521-7273
4606 Centerview Drive, Suite 200
Individual Therapy, Group Therapy, Case Management, Crisis, Survivors of sexual violence and their family members are eligible for services.

BEXAR COUNTY FAMILY JUSTICE CENTER ⬤
bcfjc.org
210-631-0100
126 E. Nueva, 2nd Floor
Coordinated services for victims of domestic and family violence including Criminal Justice Intervention, Civil Legal Services, Child Care, Counseling Services, and Life Skills

CAVIAR CLINICIAN, PLLC ✓ ⬤
www.caviarclinician.com
214-631-9762
Provides counseling, therapy, life coaching, and consulting to fit your needs. Telehealth only, Individual and Group Therapy

CENTERCARE HEALTH AND WELLNESS ⬤
centercaresa.org
210-261-1500
8122 Datapoint Dr., Ste 1003

CENTER FOR HEALTHCARE SERVICES ✓ ⬤
chcsbc.org
210-261-2427
The Center for Health Care Services provides integrated care to improve the lives of children and adults with mental health conditions, substance use challenges and intellectual or developmental disabilities. The Center for Health Care Services offers a sliding fee scale and accepts all patients regardless of inability to pay.

988 LIFELINE
If you’re thinking about suicide, are worried about a friend or loved one, or would like emotional support:

988
Call, text, or chat online

MENTAL HEALTH

1 in 5
U.S. adults experience mental illness each year
CHARLIE HEALTH  
charliehealth.com  
1-866-540-1828  
Intensive outpatient therapy program that provides group, primary, and family therapy weekly and 100% virtually. Bilingual clinicians (Spanish and English) work with clients (ages 11-30) for a host of mental health and substance use issues.

CHILDREN'S BEHAVIORAL HEALTH CLINIC  
210-261-3350  
Outpatient mental health treatment for Bexar County youth (ages 3-17) with a DSM-V Diagnosis. Services include skills training, counseling, medication training and support, psychiatric evaluation, medication monitoring, and family partner support.

CHILDREN'S BEREAVEMENT CENTER OF SOUTH TEXAS  
www.cbcst.org  
210-736-4847  
205 W. Olmos Drive  
Individual Therapy, Group Therapy, grief counseling, bereavement support for children (ages 3-24) and their families through peer support groups, school-based programs, bereavement camps, and individual counseling based on assessment

THE CHILDREN’S SHELTER  
childrensshelter.org  
210-212-2500  
2939 West Woodlawn

HARVEY E. NAJIM HOPE CENTER  
210-503-4500  
Specialized, trauma-focused outpatient mental health clinic for children (ages 3-17) and families impacted by abuse, neglect, and/or abandonment. Therapy is also offered to adults of any age who are victims of crime and impacted by trauma.

COMMUNITY COUNSELING SERVICE  
ccsweb.ollusa.edu  
210-434-1054  
590 North General McMullen, Suite 3  
Affordable, bilingual, and accessible counseling services to individuals, couples, and families. Walk-in/phone-in service for clients who are ready to begin working on their problem and want to avoid waiting for an appointment.

CONNECTED  
myconnected.net  
210-934-2511  
4346 NW Loop 410  
Services for current and former foster youth including case management, trauma-informed education, skill-building workshops, intensive advocacy services, career and employment services. Services are available to current and former foster youth (ages 16-24).

DEPRESSION AND BIPOLAR SUPPORT ALLIANCE SAN ANTONIO  
Facebook: DBSA San Antonio  
1-210-945-0689  
6851 Citizens Parkway  
Peer/Recovery Support, weekly free confidential peer support group meetings in-person and online

THE ECUMENICAL CENTER  
ecrh.org  
210-616-0885  
8310 Ewing Halsell Drive (Headquarters)  
Individual Therapy, Group Therapy, Music and Art Therapies, Neurofeedback, EMDR/Trauma

FAMILY SERVICE ASSOCIATION  
family-service.org  
210-299-2400  
Family Service counseling services are open to everyone and include features such as individual and group therapy and individualized treatment plans. Services are available on a sliding scale to uninsured individuals. To schedule an appointment, call 210-299-2406.
FOCUS AND BALANCE $ ①
www.focusandbalance.org
210-858-9980
2040 Babcock Rd #301
Medication management, Crisis Services, In-house ADHD Assessment, Autism Diagnosis, Personality Assessment, Cognitive Testing, Clearance Letters, Transcranial Magnetic Stimulation (TMS)

THE GRACE TREE FOUNDATION $ ②
www.thegracetreefoundation.com
210-334-9642
8620 N. New Braunfels Ave., Suite 414
Trauma Specific Somatic Services: Somatic Experiencing®, Neurosomatic Movement Therapy, Yoga Therapy, Sessions by appointment only

GUARDIAN HOUSE ✓ $ ②
guardianhouse.org
210-733-3349
1818 San Pedro Ave
Helping children and parents in high-conflict divorce situations redefine and restructure their families during this unstable transition period. Services offered include Individual Therapy, Couples Counseling, Family Counseling, Reunification Counseling, Supervised Visitations, Monitored Exchanges, Parent Education

HEALTHY INNOVATIVE PROCESSES ✓ $ ②
hip-sa.org
210-271-3630
5282 Medical Drive, Suite 605
Nonprofit corporation aimed at cultivating and improving access to employment, behavioral health, and wellness services for people with disabilities.

HOME & COMMUNITY-BASED SERVICES $
210-261-3419
Medicaid Waiver Program that provides services to adults with serious mental illness to enable them to live and experience success in the community. Services are designed to support long-term recovery from mental illness.

HOPEWISE ①
gohopewisesa.com
210-617-3185
1931 NW Military Hwy, 206
Counseling center with services pertaining to chronic pain and illness, depression, anxiety, trauma, career counseling, parenting issues, and self-esteem issues

JOSEPHINE RECOVERY CENTER ✓ $
210-261-3800
711 E. Josephine St.
People experiencing a mental health or substance use crisis can often benefit from a detoxification program and stabilization unit rather than a busy emergency room. The Josephine Recovery Center, a 16-bed therapeutic facility, offers a safe, effective alternative for Bexar County adults recovering from a behavioral health crisis.

LAUREL RIDGE TREATMENT CENTER ③
laurelridgetc.com
210-491-9400
17720 Corporate Woods Drive
Specialized behavioral health care and/or addiction treatment including inpatient, outpatient, or partial hospitalization mental health, dual diagnosis program, electroconvulsive therapy treatment or more.

LET’S TALK COUNSELING SERVICES $ ③
letstalkcounselingservices.com
210-213-5780
1802 NE Loop 410, Ste 301D
Individual and Group Therapy for a variety of mental health issues, but specializing in Domestic Violence, Addiction, Trauma, and PTSD

MENTAL HEALTH PROVIDERS
Between 2021 and 2022, the number of mental health providers in Texas showed a 12% increase
NAMI - SAN ANTONIO ✓ ①
National Alliance on Mental Illness
www.nami-sat.org
210-734-3349
6800 Park Ten Blvd., Suite 248 E
Free education classes and support for families and peers aimed at improving the quality of life for all people affected by mental illness.

BRIDGES TO CARE - SAN ANTONIO
Faith-based initiative that connects congregations and service providers through training to be places of mental health and community wellness.

NEELY COUNSELING CENTER
www.neelycounseling.com
210-523-4200
11153 Westwood Loop, Bldg 1. Suite 121-123
Specialized in helping adults, couples, and teens find tools to combat anxiety and self-esteem issues through counseling, coaching, and online courses. Mental health advice podcast is available to teach, educate, and inspire you to drop your limiting backstory and live a more confident, fulfilled life.

NEW OPPORTUNITIES FOR WELLNESS ✓ ①
nowclinicsa.org
210-450-7222
7810 Louis Pasteur Dr.
The mission of NOW is to ensure that all Bexar County residents have rapid and continued access to behavioral health services such as Individual & Group Therapy, Case Management, Medication Management, and Peer Support

CRISIS SUPPORT
Living Room: Walk-in crisis service aimed to help clients cope and avoid hospitalization. Monday-Friday: 8:00 a.m.-4:00 p.m.

POWER PROGRAM $
powerprogramsa.org
210-261-3143
Serves young adults who have begun experiencing confusion, unusual thoughts, acting in ways that seem difficult for others to understand, hearing or seeing things others don’t, withdrawing from family and friends, or becoming suspicious of other people.

PROSUMERS INTERNATIONAL ✓ ①
theProsumers.org
800-577-3795
6800 Park Ten Blvd, Suite 220N
Peer Support through a variety of groups to assist people in creating a life worth living.

ROY MAAS’ YOUTH ALTERNATIVES, INC.
rmya.org
210-340-8077
3103 West Ave.

FAMILY COUNSELING & RESOURCE CENTER
210-340-7971, ext. 1100
Low or no cost individual and family counseling, crisis intervention, parenting classes, and child & adolescent psychiatric services for community children and families struggling with emotional, behavioral, and mental health issues.

SAN ANTONIO COUNSELING & BEHAVIORAL CENTER
sacounselingcenter.com
210-614-4990
Psychotherapy for children, adolescents, adults, and families with services assisting issues such as addiction, eating disorder services, ADHD, autism, mental health evaluations, PTSD, depression, anxiety, and trauma

SERENITY PLACE AT TX, LLC $ ①
serenityplacellc.com
210-858-5898
12915 Jones Maltsberger Rd., Building 300
Individual and group therapy specializing in assisting with marriage and family issues, grief, bereavement, anxiety, depression, and trauma
SIGMA MENTAL HEALTH URGENT CARE
www.sigmamhuc.com
210-314-4564
18587 Sigma Rd, #260
Provide immediate walk-in psychiatric and therapeutic services during moments of crisis.

STAT COUNSELING & CONSULTING, LLC $ ②
statcounseling.com
210-802-9355
12030 Bandera Rd
A one-stop-shop for complete mental wellness offering both medication management and counseling services all in one office.

TEXAS FAMILY VOICE NETWORK
txfvn.org
Peer Support for Families of Children and Young Adults with Behavioral Health Challenges

URGENT BEHAVIORAL HEALTH CARE ②
UrgentBehavioralHealthCare.com
210-591-1615
311 Camden St., Suite 510
Provides comprehensive inpatient, outpatient and telepsychiatric services including urgent appointments and convenient evening and weekend scheduling.

YOUTH EMPOWERMENT SERVICES (YES) WAIVER PROGRAM $
210-261-1135
Expanded Medicaid services for youth (ages 3-18) with severe emotional and/or behavioral needs to help prevent out-of-home placements and reduce psychiatric hospital re-admissions. Services include community living supports, counseling, and case management. Call to join the interest list.

PSYCHIATRIC INPATIENT
Treatment that generally requires hospitalization

CLARITY CHILD GUIDANCE CENTER ② $ ①
www.claritycgc.org
210-616-0300
8535 Tom Slick
Inpatient Hospitalization, Individual Therapy, Group Therapy, Case Management, Medication Management, Partial Hospitalization Program, Crisis

LAUREL RIDGE TREATMENT CENTER ②
laureridgetc.com
210-491-9400
17720 Corporate Woods Drive
Specialized behavioral health care and/or addiction treatment including inpatient, outpatient, or partial hospitalization mental health, dual diagnosis program, electroconvulsive therapy treatment and more.

METHODIST SPECIALTY AND TRANSPLANT HOSPITAL ②
sahealth.com/mentalwellness
210-575-0500
8026 Floyd Curl Drive
Full spectrum of adult and geriatric behavioral health services including Psychiatry Services, Family and Group Therapy, Partial Hospitalization Program, Intensive Outpatient Program, Partial Hospitalization Program, and Opioid Stabilization Services

SAN ANTONIO BEHAVIORAL HEALTHCARE HOSPITAL ②
sanantoniobehavioral.com
210-541-5300
8550 Huebner Rd.
Compassionate care, help, and support for those struggling with their mental health in San Antonio through services such as Inpatient Hospitalization, Partial Hospitalization, Intensive Outpatient Program, Individual and Group Therapy, Medication Management, and Case Management
SAN ANTONIO STATE HOSPITAL

hhs.texas.gov
210-532-8811
6711 South New Braunfels, Suite 100
The San Antonio State Hospital is an in-patient psychiatric hospital offering adult psychiatric services and forensic competency restoration.

UNIVERSITY HEALTH

www.universityhealth.com/services/behavioral-health
210-358-3108
Our behavioral and mental health services offer a safe, confidential and supportive atmosphere. We offer psychiatric evaluations, outpatient support and hospital-based treatment for adults.
Local substance use treatment programs offer a range of services to meet each individual where they are in their recovery journey. Program options can include residential treatment, detox, therapy and counseling, support services, and relapse prevention strategies.

ALAMO CENTER EDUCATION + TREATMENT LLC ✓
alamocenter.org
210-824-5537
5018 San Pedro
Intensive Outpatient Services

ALPHA HOME ✓ $ ✓
alphahome.org
210-735-3822
419 E Magnolia Ave
Women’s residential treatment, outpatient counseling for men and women, ongoing recovery support

BANYAN TREATMENT CENTERS $ ✓
banyantexas.com
888-515-7701
4168 Co Rd 444, Waelder, TX 78959
Addiction recovery that provides each patient the necessary tools to obtain and maintain long-term sobriety through services such as Detox, Residential Treatment, Partial Hospitalization, Individual and Group Therapy, and Case Management

BLUE HERON RECOVERY ✓ $ ✓
blueheronrecovery.com
210-588-0508
2015 NE Loop 410
Recovery center offering experience programing (walking, gardening, art, yoga, disk golf, basketball), educational classes (taught by counselors and our physician), and deep process groups every day. Clients are assigned an individual therapist for weekly and family sessions.

CENTER FOR HEALTHCARE SERVICES ✓ $ ✓
210-261-2427
Restoration Center and transformational services help people break the cycle of addiction and regain sobriety through safe, meaningful programs that reduce harms associated with substance use, promote total recovery for people with co-occurring mental health and substance use disorders, and provide better care coordination.

CHARLIE HEALTH ✓
charliehealth.com
1-866-540-1828
Intensive outpatient therapy program that provides group, primary, and family therapy weekly and 100% virtually. Bilingual clinicians (Spanish and English) work with clients (ages 11-30) for a host of mental health and substance use issues.
CONTINUUM OUTPATIENT CENTER ✅
continuumoutpatient.com
210-405-5935
6200 UTSA Blvd., Ste 102
Intensive outpatient treatment program for substance use designed to help patients overcome past trauma, prevent relapse, heal relationships, and learn skills that enhance their lives. Services offered include Partial Hospitalization, Intensive Outpatient, Individual and Group Therapy, Case Management, and Medication Management. Scholarship Opportunities Available.

CORAZON SAN ANTONIO ✅
corazonsa.org
210.226.8341 x318
Harm Reduction Outreach: Aid clients that are suffering from drug addiction. Services include needle exchange, harm reduction education, medical care, HIV/HepC testing, case management and recovery coaching. Monday-Friday: 9:00 a.m.-3:00 p.m.

CROSSPOINT, INC ✅
cpsatx.org
210-225-0864
301 Yucca Street (Headquarters)
Provides mental health counseling, substance use treatment, life skills enhancement and/or transformational residential services.

AUSTIN-CULLUM OUTPATIENT CENTER
210-549-4730
Outpatient clinic licensed for addictions treatment and staffed with licensed mental health professionals that provides free counseling services to residents of District 2 who can benefit from supportive brief intervention counseling.

ELEANOR HEALTH ✅
eleanorhealth.com/texas-referring-partners
726-201-3047
8500 Village Dr, Suite 101
Eleanor Health’s mission is to help anyone concerned about their mental health or affected by addiction live an amazing life. The program offers drug addiction recovery services, from outpatient drug rehabilitation to home addiction treatment services and more. Monday-Friday, 9:00 a.m.-5:00 p.m., Saturday: By appointment only

GRACE HOUSE
gracehousesa.org
210-493-7884
Faith-based nonprofit ministry offering a 9-month recovery program established to train, support, and give hope to women following incarceration, drug and alcohol addiction, or those in the midst of perilous lifestyles.

GREENHOUSE TREATMENT CENTER $
greenhousetreatment.com
972-846-8780
1171 107th St
Grand Prairie, TX 75050
Provides flexible addiction recovery plans including services such as group therapies, detox, one-on-one counseling, activities, and much more.

JOSEPHINE RECOVERY CENTER $
210-261-3800
711 E. Josephine St.
People experiencing a mental health or substance use crisis can often benefit from a detoxification program and stabilization unit rather than a busy emergency room. The Josephine Recovery Center, a 16-bed therapeutic facility, offers a safe, effective alternative for Bexar County adults recovering from a behavioral health crisis.

SUBSTANCE USE
Among people (aged 12+) in the United States in 2020, 58.7% used tobacco, alcohol, or an illicit drug in the past month.

16
LAUREL RIDGE TREATMENT CENTER

Specialized behavioral health care and/or addiction treatment including inpatient, outpatient, or partial hospitalization mental health, dual diagnosis program, electroconvulsive therapy treatment or more.

LET’S TALK COUNSELING SERVICES

Individual and Group Therapy for a variety of mental health issues, but specializing in Domestic Violence, Addiction, Trauma, and PTSD.

THE LOS PATIOS FOUNDATION

The Foundation is committed to helping people struggling with drugs and alcohol find appropriate detox, residential, outpatient, and aftercare programs. We also support life skills development opportunities, family therapy, trauma therapy, fellowship, support groups, and community engagement. Scholarship opportunities available.

METHODIST SPECIALTY AND TRANSPLANT HOSPITAL

Full spectrum of adult and geriatric behavioral health services including Psychiatry Services, Family and Group Therapy, Partial Hospitalization Program, Intensive Outpatient Program, Partial Hospitalization Program, and Opioid Stabilization Services.

NEW OPPORTUNITIES FOR WELLNESS

The mission of NOW is to ensure that all Bexar County residents have rapid and continued access to behavioral health services.

RELAPSE PREVENTION WORKSHOPS

One-time workshops are available by appointment to help clients dealing with substance use problems develop a long-term recovery plan. These sessions help clients use problem-solving skills to prevent relapse and maximize harm-reduction skills if relapse does occur.

PAY IT FORWARD CLEAN & SOBER LIVING

Program that provides recovery support and sober living facilities for both men and women to help them rebuild their lives after they complete drug and alcohol rehab providing them a significantly improved chance of staying clean & sober than with drug rehab programs alone.

PROSUMERS INTERNATIONAL

Peer Support through a variety of groups to assist people in creating a life worth living.

THE RESTORATION CENTER

Helps people break the cycle of addiction and regain sobriety through safe, meaningful programs that reduce harms associated with substance use, promote total recovery for people with co-occurring mental health and substance use disorders, and provide better care coordination for the most acute people in Bexar County.

THE RIGHT STEP HILL COUNTRY

Residential drug and alcohol rehab center that provides comprehensive, evidence-based treatment for substance use and co-occurring disorders for adults.
Opioid Overdose
Warning Signs:
● Small, constricted “pinpoint pupils”
● Falling asleep/losing consciousness
● Slow, weak, or no breathing
● Choking or gurgling sounds
● Limp body
● Cold and/or clammy skin
● Discolored skin (especially lips/nails)

What is Naloxone*:
Naloxone is a life-saving medication that can reverse an overdose from opioids. Buy it from your local pharmacy in case of an emergency.

No Prescription Required

To Administer Naloxone*:
1. Call 911
2. Administer Naloxone
3. Try to keep the person awake
4. Lay them on side to prevent choking
5. Stay until 911 personnel arrive

*Original brand name: NARCAN
SAN ANTONIO BEHAVIORAL HEALTHCARE HOSPITAL
sanantoniobehavioral.com
210-541-5300
8550 Huebner Rd.
Compassionate care, help, and support for those struggling with addiction in San Antonio through substance use services such as Residential, Intensive Outpatient, Partial Hospitalization, Detox, and Medication Assisted Treatment

SAN ANTONIO RECOVERY CENTER
sanantoniorecoverycenter.com
844-931-4791
Independent drug & alcohol treatment center offering a full spectrum of treatment to ensure clients receive the best chance of recovery. Programs offered include Residential Treatment, Intensive Outpatient, Detox, Aftercare Program, and 90-Day Treatment.
5806 Culebra Rd
San Antonio, TX 78228
8975 Cagnon Rd.
San Antonio, TX 78252

STARLITE RECOVERY CENTER
StarliteRecovery.com
844-650-1390
Provides comprehensive, individualized continuum of care for chemically dependent persons and/or their family members who have been affected by the diseases of alcoholism and/or drug addiction. Services include Residential, Intensive Outpatient, Partial Hospitalization, and Detox. Call for free insurance verification.

TEXAS FAMILY VOICE NETWORK
txvn.org
Peer Support for Families of Children and Young Adults with Behavioral Health Challenges
NAMI - SAN ANTONIO

National Alliance on Mental Illness
www.nami-sat.org
210-734-3349
6800 Park Ten Blvd., Suite 248 E

NAMI is the National Alliance on Mental Illness, the nation’s largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness.

Support Groups
Free, confidential peer support groups discussing mental health to gain insight from the challenges and successes of others facing similar experiences. Separate groups are available for adults (18+) with mental health conditions and their families.

NAMI on Campus
Student-led clubs that support fellow students raise mental health awareness, educate the campus community and promote services and supports.

Pathways to Hope Conference
Free, community-wide conference focused on reducing stigma, improving mental health support, providing education and resources

Education
Free educational programs to discuss mental health experiences, effective tools for recovery, common support needs for individuals experiencing mental illness and their families.

Stigma Reduction
Free presentations can be scheduled that inform and educate viewers of the warning signs and misconceptions of mental health conditions.

- Ending the Silence
- In Our Own Voice

NAMIWalk
namiwalks.org
Annual mental health awareness 5k fundraiser encouraging Mental Health for All.
HOUSING

Housing services include emergency shelters, temporary housing, transitional housing, and rental assistance.

EMERGENCY SHELTERS
Temporary facility that provides immediate shelter for individuals in crisis with nowhere to sleep.

BETHANY UNITED METHODIST CHURCH
bethanysa.org
210-655-5473
4102 Eisenhower Rd.
Winter overflow shelter services (32˚ or below), 5:00 p.m.-8:00 a.m., laundry, shower, meal

THE CHILDREN’S SHELTER ✓
childrensshelter.org
210-212-2500
2939 West Woodlawn
Emergency Shelter and safe haven for children (up to age 12) who have been removed from their homes due to traumatic experiences such as abuse, neglect, and/or abandonment.

FAMILY VIOLENCE PREVENTION SERVICES
fvps.org
210-930-3669
7911 Broadway
Offers residential and non-residential clients shelter, transitional housing, counseling for adults, children, families, and legal services. These services help individuals and families recovery from the pain and longer-term effects of domestic violence.

HAVEN FOR HOPE ✓ $ ①
havenforhope.org
210-220-2100
1 Haven For Hope Way
Transformational campus that provides a system of care for individuals and families experiencing homelessness in Bexar County. All of Haven for Hope programs provide indoor sleeping and access to housing and sustainability services. Individuals experiencing homelessness can be enrolled into one of Haven’s various programs on a first-come-first-served basis and dependent on space availability. Intake hours are Monday-Friday: 7:00 a.m.-3:00 p.m.

ROY MAAS’ YOUTH ALTERNATIVES, INC. ✓
rmya.org
210-340-8077
3103 West Ave.
Creates brighter futures for children in crisis by promoting individual success and healthy relationships in a safe, healing environment, giving children and families the tools to end the cycle of abuse.

HOMELESSNESS
According to the 2022 point-in-time report, 2,995 individuals were experiencing homelessness in San Antonio and Bexar County.
THE BRIDGE
210-340-7933
Children (ages 5-17) needing a safe place to stay for a short time receive 24-hour care while a more permanent placement is determined. Emergency shelter services are provided for trafficked, runaway, homeless, foster youth and children transitioning from juvenile probation. Call prior to arriving.

CENTRO SEGURO DROP-IN CENTER
210-340-7933
A 24-hour drop-in center for youth up to 24 years of age, who are at-risk or victims of trafficking, homelessness, runaway, or other unsafe living conditions. While at the drop-in center, youth receive a hot shower, meal, change of clothing, and access to immediate crisis intervention services.

SALVATION ARMY
salvationarmysanantonio.org
210-352-2000

DAVE COY SHELTER FOR MEN
210-226-2291
226 Nolan St.
Emergency shelter and transitional housing opportunities for men (ages 18+) experiencing chronic homelessness and/or lack a stable housing environment. Participants receive three meals daily and work with a case manager to identify and coordinate available educational and career development opportunities.

EMERGENCY FAMILY SHELTER
210-352-2046
521 W. Elmira

SAN ANTONIO RESCUE MISSION
sarescuemission.org
210-222-9736
907 E. Quincy
Faith-based organization offering dormitory shelter to homeless men (ages 18+)

SETON HOME
setonhomesa.org
210-533-3504
1115 Mission Rd.
Emergency shelter for pregnant and parenting teen mothers and their children in order to break the cycle of abuse and poverty by providing a caring home, education, and support services.

ST. PETER - ST. JOSEPH CHILDREN’S HOME
stpjhome.org
210-533-1203
919 Mission Rd.
Short-term emergency shelter for children (ages birth to 17) who are victims of abuse or neglect and are under the protection of Child Protective Services.

ST. PETER - ST. JOSEPH CHILDREN’S HOME
210-533-1203
919 Mission Rd.
Short-term emergency shelter for children (ages birth to 17) who are victims of abuse or neglect and are under the protection of Child Protective Services.

STRONG FOUNDATION MINISTRIES
strongfoundation.org
210-641-4357
414 N. Hackberry St.
Emergency and temporary housing for homeless families with children

HOUSING & RENTAL ASSISTANCE
General information and financial assistance related to housing.

ALAMO COMMUNITY GROUP
alamocommunitygroup.org
210-731-8030
4606 Centerview Drive, Suite 170
Housing organization offering affordable housing that promotes resident education, self-sufficiency, leadership and volunteerism

HOUSE OUR HEROES PROGRAM
210-699-9074
Affordable housing and extensive supportive services for homeless and at-risk veteran families.
ENDEAVORS
endeavors.org
210-431-6466
6363 De Zavala Rd. (Headquarters)
Supportive housing, case management, professional counseling, life skills training, and employment opportunities for chronically homeless adults with disabilities and their children throughout Texas.

FAIR WEATHER LODGE
210-840-6437 (SARAH)
Permanent supportive housing serving a vulnerable population in San Antonio and Bexar County of single mothers with disabilities and their children who have experienced chronic homelessness. Call-in assessment hours are Mondays: 9:00 a.m.-10:45 a.m.

HABITAT FOR HUMANITY
habitatsa.org
210-223-5203
311 Probandt
Habitat is a nonprofit housing organization working with local families in need of affordable homes.

HAVEN FOR HOPE
havenforhope.org
210-220-2100
1 Haven For Hope Way
Transformational campus that provides a system of care for individuals and families experiencing homelessness in Bexar County. All of Haven for Hope programs provide indoor sleeping and access to housing and sustainability services. Individuals experiencing homelessness can be enrolled into one of Haven’s various programs on a first-come-first-served basis (dependent on space availability). Intake hours are Monday-Friday: 7:00 a.m.-3:00 p.m.

HOUSING AUTHORITY OF BEXAR COUNTY
habctx.org
210-225-0071
1954 E. Houston St.
Aim to provide rental assistance to income-eligible households and to provide improved living conditions in Bexar County.

INMAN CHRISTIAN CENTER
inmancenter.org
210-222-9641
1214 Colima Street
Neighborhood-based community center serving the needs of low-income individuals and families in the inner city of San Antonio. Inman provides child-care, social services, education, recreation, and emergency food assistance as well as housing for individuals who are elderly and/or disabled.

MERCED HOUSING TEXAS
mercedhousingtexas.org
210-281-0234
120 W. Mistletoe Ave.
Dedicated to creating healthy communities by providing quality, affordable housing with supportive services for low-income individuals, families, and older adults where opportunities for education, employment, financial literacy and health are enhanced and encouraged.

OPPORTUNITY HOME
Housing assistance currently provided to over 57,000 children and adults

OPPORTUNITY HOME SAN ANTONIO
homesa.org
210-477-6000
818 S. Flores
Provides quality, affordable housing and builds sustainable, thriving communities. Previously San Antonio Housing Authority.
PROSPERA HOUSING COMMUNITY SERVICES
prosperahcs.org
210-821-4300
3419 Nacogdoches Rd.
Empowering families by providing safe, high-quality, affordable housing with support services. Our supportive housing provides a starting point for pursuing goals, fulfilling dreams, restoring spirit, and building self-endurance.

SAMMINISTRIES
samm.org
210-340-0302
1919 NW Loop 410, Suite 100

RAPID RE-HOUSING
210-321-5620
Financial assistance is provided to homeless individuals and families for up to 3 months along with 12 months of case management.

PERMANENT SUPPORTIVE HOUSING
210-321-5683
Assists families with whom one member of the family has a disability empowering them to live as independently as possible

SAN ANTONIO ALTERNATIVE HOUSING CORP.
saahc.org
Nonprofit organization that provides housing and support services for low and moderate-income communities in Texas

SOUTH ALAMO REGIONAL ALLIANCE FOR THE HOMELESS (SARAH)
sarahomeless.org/resources
Homelink is San Antonio and Bexar County’s local Coordinated Entry System - a uniform, community-wide approach to connect persons who are literally homeless or at imminent risk of homelessness to housing resources.

TEMPORARY & TRANSITIONAL
Temporary housing with supportive services that help stabilize and educate individuals experiencing homelessness.

BAPTIST CHILD & FAMILY SERVICES
discoverbcfs.net/sanantonio
210-733-7932
4346 NW Loop 410
Transitional Center that offer case management, counseling, sheltering, and life skills training to at-risk young adults aging out of the foster care system.

FAMILY VIOLENCE PREVENTION SERVICES
fvps.org
210-930-3669
7911 Broadway
Offers residential and non-residential clients shelter, transitional housing, counseling for adults, children, families, and legal services. These services help individuals and families recovery from the pain and longer-term effects of domestic violence.

GEORGE GERVIN YOUTH CENTER: BASIC CENTER
210-568-8800
6944 South Sunbelt Drive
Pregnant, homeless, and/or runaway individuals (ages 13-17) looking to continue their education in a safe and supportive environment. The Basic Program provides therapeutic and supportive services and acts as a short- and long-term residential care facility to those whose needs are not adequately met in their current family structure or other shelters.

EMPLOYMENT
According to the National Coalition for the Homeless, 53% of people living in shelters are employed.
HAVEN FOR HOPE
havenforhope.org
210-220-2100
1 Haven For Hope Way
Transformational campus that provides a system of care for individuals and families experiencing homelessness in Bexar County. The Transformational Campus provides shelter while clients work to address the issues that have led to their homelessness. Enrollment into Haven’s various programs is on a first-come-first-served basis and dependent on space availability. Intake hours are Monday-Friday: 7:00 a.m.-3:00 p.m.

MAGDALENA HOUSE
maghouse.org
210-561-0505
Neighborhood of transitional homes in San Antonio that serves mothers and their children who have fled dangerous and abusive lives. Utilizing a dual-generation approach, we provide safe shelter, basic needs, educational programming, and therapeutic services.

ROY MAAS’ YOUTH ALTERNATIVES, INC.
rmya.org
210-340-8077
3103 West Ave.
Creates brighter futures for children in crisis by promoting individual success and healthy relationships in a safe, healing environment, giving children and families the tools to end the cycle of abuse.

TURNINGPOINT
210-349-3610
Former foster care youth and homeless community youth (ages 18-24) live independently in a home with roommates. They receive professional case management, weekly counseling, job and life skills, educational assistance, and resource referrals, to help them meet their goals and leave the program ready to become productive members of our community.

SALVATION ARMY
salvationarmysanantonio.org
210-352-2000
ADULT REHABILITATION CENTER
210-223-6877
Provides assistance for adults who have lost the ability to cope with their problems and provide for themselves. Each center offers residential housing, work, and group and individual therapy, all in a clean, wholesome environment. The services received prepare participants to re-enter society and return to gainful employment.

DAVE COY SHELTER FOR MEN
210-226-2291
226 Nolan St.
Emergency shelter and transitional housing opportunities for men (ages 18+) experiencing chronic homelessness and/or lack a stable housing environment. Participants receive three meals daily and work with a case manager to identify and coordinate available educational and career development opportunities.

SAMMINISTRIES
samm.org
210-979-6188
1919 NW Loop 410, Suite 100
The Transitional Living and Learning Center is a 40-family home that provides housing, support, and resources to families who show a commitment to gaining self-sufficiency as they work to overcome homelessness.

STRONG FOUNDATION MINISTRIES
strongfoundation.org
210-641-4357
414 N. Hackberry St.
Emergency and temporary housing for homeless families with children

VISITATION HOUSE MINISTRIES
visitationhouseministries.org
210-735-6910
830 W. Mulberry Ave.
Transitional housing for women and children (2-year program), call for appointment
YOUTH CENTER OF TEXAS
youthcenteroftexas.org
210-417-5077 (24-Hour Hotline)
3730 East IH-10, Suite B
Transitional living program for female survivors of child sex trafficking and sexual exploitation (ages 18-22)

UTILITY ASSISTANCE
Temporary financial assistance to reduce the costs associated with home utilities

CHRISTIAN ASSISTANCE MINISTRY ✅
christianassistanceministry.org
Financial assistance for utilities provided to families with proof of residence. Application, ID & Social Security card required.

CAM Downtown
210-223-4099
110 McCullough Ave

CAM Northwest
210-697-5771
5084 DeZavala

ELLA AUSTIN COMMUNITY CENTER ✅
ellaustin.org
210-224.2351
1023 N. Pine St.
Multi-social service agency offering utility assistance to individuals and families in crisis
SOCIAL SERVICES

Services that are offered for the benefit of the community often at low or no cost. Local services offered include clothing, dental and optical services, education resources, food and grocery programs, financial assistance, laundry facilities, transportation services, domestic violence resources, and legal assistance.

CLOTHING

AGAPE MINISTRY, INC. ✓
theagapeministryinc.org
210-590-6655
Food Pantry & Clothes Closet

CATHOLIC CHARITIES
ccaosa.org
210-222-1294
Clothes Closet

CHRISTIAN ASSISTANCE MINISTRY ✓
christianassistanceministry.org
Serving individuals and families in need of assistance
210-697-5771
5084 DeZavala

DEPAUL FAMILY CENTER ✓
adssa.org/social-services
210-334-2300
7607 Somerset Rd.
Clothing assistance by appointment

DRESS FOR SUCCESS
dfssanantonio.org
210-737-1515
600 N. Frio Street
Professional attire, support network, and developmental tools for women. Monday-Thursday 8:30 a.m.-4:30 p.m.

ELLA AUSTIN COMMUNITY CENTER ✓
ellaaustin.org
210-224.2351
1023 N. Pine St.
Multi-social service agency offering clothing assistance to individuals and families in crisis.

INNER CITY DEVELOPMENT
innercitydevelopment.org
210-224-7239
1300 Chihuahua
Office: Monday-Friday, 9:00 a.m.-12:00 p.m.
Access to groceries for families in crisis, sack lunches, and prepared bags of clothing provided to homeless individuals. Individual service hours may vary.
LITTLE CHURCH OF LA VILLITA
210-226-3593
418 Villita St., Building 13
Provides free emergency food and clothing to those in need, including seniors, the disabled, and low-income families with children. Supports all of Bexar County.

OPERATION SCHOOL BELL
210-732-1200
2611 West Ave.
Dressing students in need (K-5) in San Antonio area Title I elementary schools

PRESA COMMUNITY CENTER
presa.org
210-532-5295
3721 S. Presa

CAREER CLOSET
No cost, work-appropriate clothing available to men and women actively seeking employment and recently hired who need to add a few items that will make a difference.

SA HOPE CENTER
sahopecenter.org
210-732-3776
321 N. General McMullen
Mentorship program working to enhance the lives of working, low-income individuals and families to become food secure and increasingly sustainable on a long-term basis. Food pantry, clothing assistance, and emergency diaper assistance available to those that qualify. Contact for enrollment requirements.

SOCIETY OF ST. VINCENT DE PAUL
svdpsa.org
210-225-7837
Direct support to our community’s most vulnerable residents with clothing needs. Call for location options and hours of operation.

DENTAL

CENTROMED
centromedsa.com
210-922-7000 (Schedule an appointment)
Integrated primary care clinic that provides accessible services of superior quality. Multiple locations available. Medicaid, CHIP, and private insurance accepted.

COMMUNICARE
communicaresa.org
210-233-7000
Provides comprehensive dental care for children and adults. Services include preventative care and restorative care, dental disease treatments, and oral hygiene education.

EDUCATION & CAREER DEVELOPMENT

DRESS FOR SUCCESS
dfssanantonio.org
210-737-1515
600 N. Frio Street
Developmental tools for women Monday-Thursday 8:30 a.m.-4:30 p.m.

HEALY-MURPHY CENTER
healymurphy.org
210-223-2944
618 Live Oak St.
Free Texas Certification of High School Equivalency (GED) test preparation classes and case management. Class participants with high attendance are eligible for financial assistance for GED test fees. Monday-Friday: 8:00 a.m.-11:30 a.m. (Extended hours available as needed). Age requirements: Females (ages 18-25; court ordered: ages 16-25); Males (ages 18-21; court ordered: ages 16-21). Call to register.
MADONNA NEIGHBORHOOD CENTER
madonnacentersa.org
210-432-2374
1906 Castroville Rd.
In partnership with United Way, the Dual Generation Initiative, works to remove barriers for families with children (ages 0-10) who are wanting to further their education and become self-sufficient. The Madonna Center is focusing on promoting mental health, well-being, self-efficacy and domestic violence prevention.

SA YOUTH
sanantonioyouth.org
210-223-3131
1215 W. Poplar St.
Helping San Antonio’s low-income children stay in school and helping young adults who have quit school gain a second chance through high-school credit recovery and workforce training.

EDUCATION
1 in 5 students
Do not successfully graduate high school in Texas

EYEGlasses & OPTICAL
PREVENT BLINDNESS - TEXAS
texas.preventblindness.org
210-236-7360
1600 NE Interstate 410, Suite 125

FINANCIAL
CATHOLIC CHARITIES
ccaosa.org
210-222-1294
One-time emergency financial assistance

CHRISTIAN ASSISTANCE MINISTRY ✓
christianassistanceministry.org
Families with Proof of Residence can receive financial assistance for medical prescriptions or utilities (application, ID & Social Security card required)

CAM Northwest
210-697-5771
5084 DeZavala

DEPAUL FAMILY CENTER ✓
adssa.org/social-services
210-334-2300
7607 Somerset Rd.
Limited monetary assistance to individuals that meet financial eligibility criteria. By appointment only.

FAMILY SERVICE ASSOCIATION ✓ $ ☺
family-service.org
210-431-4425
Financial and Housing Recovery Center offers free one-on-one financial counseling.

SOCIETY OF ST. VINCENT DE PAUL
svdpsa.org
210-225-7837
Family and Community Assistance Program offers limited financial assistance is provided for expenses such as rent to very low-income individuals that qualify.

FOOD & GROCERIES
AGAPE MINISTRY, INC. ✓
theagapeministryinc.org
210-590-6655
Food Pantry
The Alamo Center Neighborhood Food Pantry is free and available to anyone in need of food assistance. Completion of intake form required prior to food distribution. Monday-Friday: 10:00 a.m.-3:00 p.m.

ANTIOCH BAPTIST CHURCH
antiochsat.org/food-bank
210-225-2452
1001 N. Walters St.
Food bank ministry

CATHOLIC CHARITIES
ccaosa.org
210-222-1294

ST. STEVEN’S CARE CENTER
210-226-6178 (Schedule an appointment)
2127 S. Zarzamora St.
Monday-Friday: 8:30 a.m.-5:00 p.m.

GUADALUPE COMMUNITY CENTER
210-226-6178
1801 Cesar Chavez
SNAP Assistance, Project Hope – First Monday of every month, low-income seniors can receive food

CATHOLIC WORKER HOUSE
sa-catholicworker.org
210-224-7736
626 Nolan
Safe haven for homeless seniors (ages 50+) with access to meals, gardening, laundry facilities, phone, email, games and movies. (Limited services provided on Fridays in the courtyard.) Monday-Thursday: 8:00 a.m.-1:00 p.m., Friday: 9:00 a.m.-10:30 a.m.

CHRISTIAN ASSISTANCE MINISTRY
christianassistancemini.org
Serving individuals and families in need of assistance

CAM Downtown
210-223-4099
110 McCullough Ave
Sack lunches provided to homeless, eligible families with proof of residence can receive groceries. Hours: Monday-Thursday: 9:30 a.m.-3:00 p.m., Friday: 9:30 a.m.-11:30 a.m. (Services may have specific hours of availability.)

CAM Northwest
210-697-5771
5084 DeZavala
Sack lunches, Monday-Thursday 9:00 a.m.-2:00 p.m.

According to Feeding America’s 2020 Mind the Meal Gap Study, in Texas, 1 in 8 people face hunger

1 in 5 children face hunger

CORAZON SAN ANTONIO
corazonsa.org
210.226.8341 x318

DAY CENTER & RESOURCE HUB
504 Avenue E
Monday-Friday: 11:00 a.m.-5:00 p.m. (Lunch served at noon.) Warm meal, Showers, ID Recovery, Street Outreach, Case Management
DEPAUL FAMILY CENTER ✓
adssa.org/social-services
210-334-2300
7607 Somerset Rd.
Food assistance through our in-house food pantry, free groceries to financially eligible individuals (ages 60+). By appointment only.

ELLA AUSTIN COMMUNITY CENTER ✓
ellaaustin.org
210-224.2351
1023 N. Pine St.
Multi-social service agency offering assistance to individuals and families in crisis of food, clothing, and utilities assistance, senior nutrition, senior activities and volunteer income tax assistance programs.

INMAN CHRISTIAN CENTER
inmancenter.org
210-222-9641
1214 Colima Street
Neighborhood-based community center serving the needs of low-income individuals and families in the inner city of San Antonio including emergency food assistance.

INNER CITY DEVELOPMENT
innercitydevelopment.org
210-224-7239
1300 Chihuahua
Office: Monday-Friday, 9:00 a.m.-12:00 p.m.
Access to groceries for families in crisis, sack lunches and prepared bags of clothing provided to homeless individuals. Individual service hours may vary.

LITTLE CHURCH OF LA VILLITA ✓
210-226-3593
418 Villita St., Building 13
Provides free emergency food and clothing to those in need, including seniors, the disabled, and low-income families with children.

MEAL ON WHEELS ✓
mowsatx.org
210-735-5115
Free nutritious meals delivered each weekday to eligible senior and disabled individuals with an aim to eliminate hunger, alleviate isolation, and foster independence among seniors.

METROPOLITAN COMMUNITY CHURCH
mcofsanantonio.com/foodpantry
210-472-3597
611 E Myrtle Street
Food Pantry Hours: Saturdays following the 1st and 3rd Thursday of each month (8:00 a.m.-12:00 p.m.). Emergency food distribution is available Monday-Friday by appointment only.

SA HOPE CENTER
sahopecenter.org
210-732-3776
321 N. General McMullen
Mentorship program working to enhance the lives of working, low-income individuals and families to become food secure and increasingly sustainable on a long-term basis. Food pantry, clothing assistance, and emergency diaper assistance available to those that qualify. Contact for enrollment requirements.

SALVATION ARMY ✓
salvationarmysanantonio.org
210-352-2020
910 N. Flores

SAN ANTONIO FOOD BANK
Of the 29 counties served in Texas, 67% of client incomes were below the federal poverty level
SAN ANTONIO FOOD BANK
safoodbank.org
210-431-8326
Assistance with SNAP & other benefits applications, as well as finding immediate food assistance and job training opportunities.

Find Food: freshtrak.com

SENIOR NUTRITION PROGRAM
sanantonio.gov
210-207-7172
Provides senior adults (ages 60+) and their spouses, in Bexar County, with a free nutritionally balanced lunchtime meal in a congregate setting with supportive services. Call for center locations and additional program information. Monday-Friday: 9:00 a.m.-1:00 p.m.

SOCIETY OF ST. VINCENT DE PAUL
svdpsa.org
210-225-7837
Direct support to our community’s most vulnerable residents with essential food needs. Call for location options and hours of operation.

LAUNDRY
CATHOLIC WORKER HOUSE
sa-catholicworker.org
210-224-7736
626 Nolan
Safe haven for homeless individuals (age 50+) with access to meals, gardening, laundry facilities, phone, email, games and movies. (Limited services provided on Fridays in the courtyard.) Monday-Thursday: 8:00 a.m.-1:00 p.m., Friday: 9:00 a.m.-10:30 a.m.

LEGAL
BEXAR COUNTY GUARDIANSHIP PROGRAM
210-335-3744
233 N. Pecos, Suite 320-G
Guardianship is a legal process utilized when a person can no longer make or communicate safe or sound decisions. Call to discuss referral.

EQUAL JUSTICE CENTER
equaljusticecenter.org
210-308-6222
Nonprofit organization that provides legal assistance to qualified, low-income individuals on the topics of workplace rights and rights to work.

DACA APPLICATIONS
888-670-6854
Assistance with preparation and submission of Deferred Action for Childhood Arrivals (DACA) application.

TEXAS RIOGRANDE LEGAL AID
trla.org
833-329-8752
 Provides free legal counsel, representation, and educational services to people with low-income in 68 Texas counties. Monday-Friday: 9:00 a.m.-5:00 p.m.

DRIVER’S LICENSE RESTORATION CLINIC
1 Haven for Hope Way
Serves homeless and low-income veterans. Staff work to remove barriers to obtaining driver’s licenses. At 1:30 p.m. every Friday; appointments encouraged.

LEGAL AID FOR VETERANS
Audie L. Murphy Hospital (Rec. Room)
7400 Merton Minter
Serves low-income veterans and direct dependents with legal issues related to housing, foreclosure, veterans benefits, SNAP/TANF, family law, Social Security benefits, Medicaid/Medicare/CHIP, consumer law, and other legal issues. First Wednesday of the month; 9:00 a.m.-12:00 p.m.
TRANSPORTATION

PRESA COMMUNITY CENTER
presa.org
210-532-5554
3721 S. Presa
Transportation services for those who are unable to drive or use public transportation. Eligible individuals (ages 60+) and individuals currently disabled. $5 per trip/ $10 round trip. Rides available Monday-Friday. (Schedule at least two weeks in advance.)

VIA BUS
viainfo.net
210-362-2020
Reduced rates are available for qualifying students, seniors, children, disabled, veteran, U.S. military, or Medicare recipients.

BUS ROUTING & SCHEDULING
210-362-2020
Monday-Friday: 6:00 a.m.-10:00 p.m.
Saturday: 7:00 a.m.-7:00 p.m.
Sunday: 8:00 a.m.-5:00 p.m.

CENTRO PLAZA
210-299-5802
909 W. Houston St.
Monday-Friday: 8:00 a.m.-1:00 p.m., 2:30 p.m.-5:00 p.m.

ELLIS ALLEY INFORMATION CENTER
210-299-1213
212 Chestnut St.
Monday-Friday: 8:00 a.m.-1:00 p.m., 2:30 p.m.-5:00 p.m.

VIA METRO CENTER
210-362-2006
1021 San Pedro
Monday-Friday: 8:00 a.m.-5:00 p.m.

MISCELLANEOUS

CORAZON SAN ANTONIO✓
corazonsa.org
210.226.8341 x318

DAY CENTER & RESOURCE HUB
504 Avenue E
Monday-Friday: 11:00 a.m.-5:00 p.m. (Lunch served at noon.) Warm meal, Showers, ID Recovery, Street Outreach, Case Management

MEDICAL CENTER
230 E. Travis
This clinic is 100% free and offers some pharmaceutical needs.
Sunday: 8:00 a.m.-11:30 a.m.
Wednesday: 4:30 p.m.-6:30 p.m.

DEPAUL FAMILY CENTER✓
adssa.org/social-services
210-334-2300
7607 Somerset Rd.
Help navigating public assistance programs (i.e. Medicare, Medicaid, SSI, Care Link, food stamps and child care). By appointment only.

ELLA AUSTIN COMMUNITY CENTER✓
ellaaustin.org
210-224.2351
1023 N. Pine St.
Multi-social service agency offering affordable day care, parenting classes, youth and family services including after school and summer youth programs, assistance to individuals and families in crisis of food, clothing, and utilities assistance, senior nutrition, senior activities and volunteer income tax assistance programs.

FAMILY SERVICE ASSOCIATION✓ § $
family-service.org
210-299-2400

MARGRET’S PLACE
Emergency Pantry providing access to basic items, such as soap, deodorant, diapers, and school supplies.
PROJECT MEND
projectmend.org
210-223-6363
5015 Wurzbach Road
Transforming lives through medical equipment reuse such as walkers, shower chairs, and canes.

UNIVERSITY OF SAN ANTONIO
uwsatx.org
211
Uniting people to address our community’s most complex issues.
211 is a free, anonymous social service hotline that helps people find information about local resources in their community.
SPECIALIZED SERVICES

Sometimes programs are difficult to find for your specific need. This section provides programs and services that are geared toward groups that are underserved or may find resources harder to locate.

DEAF & HARD OF HEARING

DEAF COUNSELING CENTER
defalcounseling.com
240-380-2577 (Videophone)
Deaf-owned and operated therapy, counseling, coaching, assessments and psychiatric and consulting practice staffed by Deaf licensed professional therapists.

NATIONAL DEAF THERAPY $
nationaldeaftherapy.com
Full-service mental health support for the deaf community offering American Sign Language (ASL) therapy sessions

DOMESTIC VIOLENCE

BEXAR COUNTY FAMILY JUSTICE CENTER
bcfjc.org
1-210-631-0100
126 E. Nueva, 2nd Floor
Coordinated services for victims of domestic and family violence including Criminal Justice Intervention, Civil Legal Services, Child Care, Counseling Services, and Life Skills

FAMILY VIOLENCE PREVENTION SERVICES
fvps.org
210-930-3669
7911 Broadway
Offers residential and non-residential clients shelter, transitional housing, counseling for adults, children, families, and legal services. These services help individuals and families recovery from the pain and longer-term effects of domestic violence.

MAGDALENA HOUSE
maghouse.org
210-561-0505
Transitional homes in San Antonio that serves mothers and their children who have fled dangerous and abusive lives. Utilizing a dual-generation approach, we provide safe shelter, basic needs, educational programming, and therapeutic services.
TEXAS ADVOCACY PROJECT  
[link: texasadvocacyproject.org]  
800-374-4673  
Free legal services and access to the justice system for domestic violence survivors. Provides advice over the phone, support with do-it-yourself legal filing processes, and complete client representation.

WOMENSLAW  
[womenslaw.org]  
Legal resources for victims of abuse, and an Email Hotline providing information related to domestic violence, sexual assault, or stalking.

FIRST RESPONDERS

FIRST RESPONDER BEHAVIORAL HEALTH TRAINING  
[link: uthealth.catalog.instructure.com/browse/heroes]  
713-500-3599  
Free, research-based courses providing first responders across Texas with the tools and information necessary to recognize and address symptoms of substance use and mental health disorders in themselves or others. Courses are provided by UTHealth Houston and are available to any career or volunteer first responder (law enforcement officer, firefighter, dispatcher, EMT, paramedic), active or retired, in Texas.

TEXAS LAW ENFORCEMENT PEER NETWORK  
[link: untdallas.edu/cpi/tlepn]  
972-338-1314  
Free program designed to give every Texas law enforcement officer access to a specially trained peer to address stressors, trauma, fatigue, and other needs to combat workforce burnout and end police suicide and self-harm.

HIV/AIDS CARE

ALAMO AREA RESOURCE CENTER  
[aarcsa.com]  
210-625-7200  
303 N. Frio  
Alamo Area Resource Center (AARC) provides short-term rental, mortgage and utility assistance (STRMU), tenant-based rental assistance (TBRA), and housing case management for people living with HIV.

SAN ANTONIO AIDS FOUNDATION  
[santanionoaids.org]  
210-225-4715  
818 E. Grayson

CARSON HOUSE  
Transitional housing for homeless men, women, and transgender individuals living with HIV/AIDS. Residents pay 30% of their adjusted gross monthly income in rent on the 5th of every month.

INTELLECTUAL & DEVELOPMENTAL DISABILITIES

ALAMO AREA COUNCIL OF GOVERNMENTS  
[aacog.com/IDDServices]  
210-832-5020  
2700 NE Loop 410, Suite 101  
Operates as the local intellectual and developmental disability authority for Bexar County providing service coordination for individuals with intellectual & developmental disability (IDD).

DEVELOPMENTAL DISABILITIES  
Texas Council for Developmental Disabilities reported an estimated 600,000 Texans have developmental disabilities.
THE ARC OF SAN ANTONIO

arc-sa.org
210-490-4300
The Arc of San Antonio serves as a social service home in Bexar and surrounding counties to children and adults with intellectual and developmental disabilities (IDD) and assists their families during all phases of life.

CALIDAD

227 W. Drexel

DAY HABILITATION

210-261-3706
Activities to help intellectually disabled individuals become more independent in daily and personal skills. Provides assistance with acquiring, retaining, or improving self-help, socialization, and adaptive skills necessary to live successfully in the community and to participate in home and community life.

EMPLOYMENT CONNECTIONS

210-261-3419
The employment team provides assistance in attaining and sustaining competitive, integrated employment in the community to include résumé building, interviewing skills, job placement and job coaching to all Bexar County residents with disabilities.

CENTER FOR HEALTHCARE SERVICES

chcsbc.org
210-261-2427
People living with IDD deserve to live life to its fullest, and may require long-term services and supports indefinitely. By promoting dignity and choice for adults with IDD, the CHCS Long-Term Care Services help improve the quality of life for consumers and their loved ones through programs designed for inclusivity, accessibility, and independence.

EISENHAUER GROUP HOME

210-261-3419
2927 Eisenhauer Road
10-bed group home for individuals with an intellectual or developmental disability. Facility provides 24-hour residential services for individuals who do not live independently or with their natural family. Includes meals, medication management, transportation, living skills, leisure/recreational activities and support.

HOME & COMMUNITY-BASED SERVICES

210-261-3419
Medicaid Waiver Program that provides services to people of all ages with an intellectual or developmental disability, related condition, or both, who live with their families or in their own home. To maintain optimal quality of life, we provide services to help with needs related to daily living, independent living and leisure/recreational activities.

MULTI-ASSISTANCE CENTER (MAC)
morganswonderlandmac.com
210-817-3935
5210 Thousand Oaks Dr.
Community Center for Individuals with Disabilities and Special Needs that provides comprehensive and coordinated services.
PREGNANCY

CASAMIA

casamiasanantonio.com
210-549-4730

Recovery home helping pregnant and parenting women who are recovering from opioid use disorders prioritizing keeping families together.

CATHOLIC CHARITIES

ccaosa.org

GUADALUPE HOME

210-476-0707

Transitional shelter for pregnant and parenting mothers and their babies who find themselves homeless and are interested in making a change for a hopeful future through full-time education enrollment or employment. Case management, parenting education, life skills training, and counseling are provided.

DEPAUL FAMILY CENTER ✓

adssa.org/social-services
210-334-2300
7607 Somerset Rd.

REALIZING & ACHIEVING YOUR SUCCESS (RAYS)

Program for individuals that are pregnant or have a child (age 36 months or younger). Program provides material assistance, counseling, classes and guidance.

GEORGE GERVIN YOUTH CENTER:

BASIC CENTER

210-568-8800
6944 South Sunbelt Drive

Pregnant, homeless, and/or runaway individuals (ages 13-17) looking to continue their education in a safe and supportive environment. The Basic Program provides therapeutic and supportive services and acts as a short- and long-term residential care facility to those whose needs are not adequately met in their current family structure or other shelters.

SETON HOME ✓

setonhomesa.org
210-533-3504
1115 Mission Rd.

Long-term residential program as well as an emergency shelter for pregnant and parenting teen mothers and their children in order to break the cycle of abuse and poverty by providing a caring home, education, and support services.

VETERANS

ALAMO COMMUNITY GROUP

alamocommunitygroup.org
210-731-8030
4606 Centerview Drive, Suite 170

HOUSE OUR HEROES PROGRAM

210-699-9074

Quality affordable housing and extensive supportive services to include outreach and case management to homeless and at-risk veteran families.

BEXAR COUNTY MILITARY AND VETERANS SERVICES CENTER

bexar.org/509/Military-and-Veterans-Services-Center
210-335-6775
1422 E. Grayson St., 4th Floor
The Bexar County Military and Veterans Services Center is your advocate, and we can assist and support you with your Veteran Affairs benefit claim filing and provide you vetted resources and assistance with eligible VA benefits.
THE ECUMENICAL CENTER ✓ $ ②
echr.org
210-616-0885
8310 Ewing Halsell Drive (Headquarters)

MILITARY AND VETERAN SUPPORT GROUPS
510 Belknap Place
Endeavors supports the lives and well-being of Veterans, active duty service members, and military families, regardless of role while in uniform, discharge status, or combat experience by providing tools and services such as free and low-cost counseling, mental health support, life skills courses, fitness classes, case management, and more. Current groups: Survivors of Loved Ones’ Suicides (SOLOS) and Life After Loss: Grief/Bereavement Support Group. Call for scheduling and enrollment.

HAVEN FOR HOPE ✓ $ ②
havenforhope.org
210-220-2100
1 Haven For Hope Way
Haven for Hope’s Veteran’s Service team works with veterans experiencing homelessness beyond their immediate shelter needs. We help them establish Social Security disability and Veterans Affairs benefits and apply for other federal and state resources that can greatly improve their quality of life. Intake hours are Monday-Friday: 7:00 a.m.-3:00 p.m.

LAUREL RIDGE TREATMENT CENTER ③
laurelridgetc.com
210-491-9400
17720 Corporate Woods Drive
Our mental health treatment center is proud to support the military and their families. If you are a military member, we offer specific programs for you, including military trauma programs, military substance abuse programs and more.

SOUTH TEXAS VETERANS HEALTH CARE SYSTEM ①
va.gov/south-texas-health-care
210-617-5300
If you’re struggling with issues like PTSD, depression, grief, anger or trauma, we offer counseling and other support. All VA health care facilities offer same-day help. You may qualify even without enrolling in VA health care. Service options include Inpatient Hospitalization, Individual Therapy, Group Therapy, Case Management, Medication Management, Intensive Outpatient Program, Crisis

1.8 million
outpatient visits completed in 2019
DRIVER'S LICENSE RESTORATION CLINIC
1 Haven for Hope Way
Assists low-income veterans with removing barriers to obtaining driver's licenses. At 1:30 p.m. every Friday; appointments encouraged.

LEGAL AID FOR VETERANS
Audie L. Murphy Hospital Rec. Rm
7400 Merton Minter
Serves low-income veterans and direct dependents with legal issues related to housing, foreclosure, veterans benefits, SNAP/TANF, family law, Social Security benefits, Medicaid/Medicare/CHIP, consumer law, and other legal issues. First Wednesday of the month; 9:00 a.m.-12:00 p.m.

VIA BUS
viainfo.net
210-362-2020
Reduced rates are available for qualifying veteran and U.S. military.
EACH ONE OF US CAN MAKE A DIFFERENCE.
TOGETHER WE CAN MAKE A CHANGE.

Barbara Mikulski

ADDITIONAL RESOURCE GUIDES

**SACRD Directory of Resources**

sacrd.org/directory

San Antonio Community Resource Directory (SACRD) is a directory of resources offered by congregations, nonprofit organizations, government agencies, and compassionate groups in and around San Antonio.

**SAMHSA Treatment Services Locator**

findtreatment.samhsa.gov

The Behavioral Health Treatment Services Locator, a confidential and anonymous source of information for persons seeking treatment facilities in the United States or U.S. Territories for substance abuse/addiction and/or mental health problems.

**Bexar County Reentry Center**

bexar.org/reentry

The mission of the Bexar County Reentry Program is to provide support for individuals re-entering Bexar County after incarceration.