

IDD Services

Because some services are not immediately available your name may be placed on the Interest List for that service. You will be updated every two years on your Interest List status.

Attendant and Habilitation Services

Individualized activities such as basic hygiene training or money management provided within the home or the community.

Day Habilitation

Assistance with improving and maintaining self-help skills, and socialization, provided in a group setting.

Employment Assistance

Support and training to find a paid competitive job within the community.

Respite Services

Short term relief service provided to an individual when the caregiver is temporarily unavailable, to provide support due to non-routine circumstances.

Specialized Therapies

Assessment and treatment by licensed or certified professionals for specialized therapies such as counseling, nursing, occupational therapy, physical therapy, speech, Applied Behavior Analysis (ABA), etc.

Supported Employment

Support to the individual to maintain a job in the community.



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www.aacog.com/idd



IDD Services



Providing access
to community services
and supports for individuals
of Bexar County

(210) 832-5020

Who We Are

The Alamo Area Council of Governments (AACOG) supports individuals with Intellectual and Developmental Disabilities (IDD) or related conditions, living in Bexar County, to improve their quality of life and to ensure that they can actively participate as valued members of our community. We understand the challenges that often accompany an IDD diagnosis in areas such as language, mobility, learning, self-help skills, and independent living. AACOG has a highly trained and caring staff that can guide you throughout the process to access available services and supports. We invite you to review the information in this brochure and to visit our website (www.aacog.com/idd). We also strongly encourage you to call us with questions or to set up an initial consultation.

What We Do

- Assess your eligibility for services.
- Assist you with applying for and maintaining your maximum state and federal benefits.
- Maintaining your Interest List status for: Home and Community-Based Services (HCS) and Texas Home Living (TxHmL) Medicaid Waiver Program.
- Enroll you into service programs: Community First Choice, General Revenue, Texas Home Living, Home and Community-Based Services, Intermediate Care Facilities and Nursing Facilities.
- Provide you Service Coordination/case management for safety net funded services, Texas Home Living (TxHmL) and/or Home and Community-Based Services (HCS).
- Explain your community living options.
- Screen you for specialized services if you need a nursing facility.
- Crisis Intervention Services staff conduct evaluations to determine the level of therapeutic support needed to stabilize the situation, and provide training and appropriate referrals.
- Crisis respite is short-term respite care for individuals with intellectual or developmental disabilities (IDD). It can be provided in-home (72 hours) or out-of-home (up to 14 calendar days) to meet the needs of the individual.

Who We Serve

Any resident of Bexar County, who is believed to have one or more of the following disabilities, may be eligible for services.

- Intellectual and/or Developmental Disabilities
- Autism Spectrum Disorder
- Persons with related conditions who are eligible for services through the Health and Human Services Commission.
- Nursing facility residents who are eligible for specialized services due to intellectual and developmental disabilities or a related condition.
- Children who are eligible for Early Childhood Intervention services through the Health and Human Services Commission

Individuals can begin the eligibility process by calling **(210) 832-5020** for an Initial appointment. The Eligibility Process consists of 3 steps:

1. Initial Appointment
2. Financial Review
3. Determination of an Intellectual Disability (DID) Assessment consisting of IQ and adaptive skills assessments.

Individuals will receive a written report, known as a Determination of an Intellectual Disability (DID), once the eligibility process is complete. The results of the DID determine if the individual qualifies for services. Everyone must have a DID and be determined eligible before services can begin.

What We Need

- **Proof of Income**
(Income Tax Form, Pay Stubs, or SSI Award Letter)
- **Proof of Bexar County Residency**
(Utility Bill or Lease Agreement)
- **Special Education Testing**
(The Full and Individual Evaluations)
- **Any Psychological Reports**
- **Health/Medical Information**
(Doctor's letter, medication history, hospitalization)
- **The Individual's Birth Certificate**
- **Social Security Card**
- **Insurance Information**
(Private Insurance card or Medicaid Letter)
- **Any Other Legal Documents**
(Conservatorship Order, Letters of Guardianship, Adoption papers, Divorce Decree, Custody papers)

